

SOCIAL PRESCRIBING

Summer 2019



**New Social
Prescribing Service
for Havant and
Waterlooville**

**A new direction for
health and
wellbeing in
our area**

Havant & Waterlooville Primary Care Network services six practices in the local area, including:

[The Bosmere Medical Practice](#)
[Park Lane Surgery](#)
[The Village Practice](#)
[Oaks Medical Centre](#)
[Staunton Surgery](#)
[The Denmead Practice](#)

'enabling our community to enhance their wellbeing'

Social prescribing empowers people to take control of their health and wellbeing through referral to 'link workers' who give time, focus on 'what matters to me' and take a holistic approach to an individual's health and wellbeing, connecting people to community groups and statutory services for practical and emotional support. Link workers also support existing groups to be accessible and sustainable and help people to start new community groups, working collaboratively with all local partners.



Please speak to your GP about referrals to the service

New Social Prescribing Link Worker

Our Link Worker will be based between the six practices in the Havant & Waterlooville area to link patients to the community.



Dawn Whiteley

This person-centered approach will give more time to patients to discover 'what matters to them'.



