HAVANT & WATERLOOVILLE PRIMARY CARE NETWORK

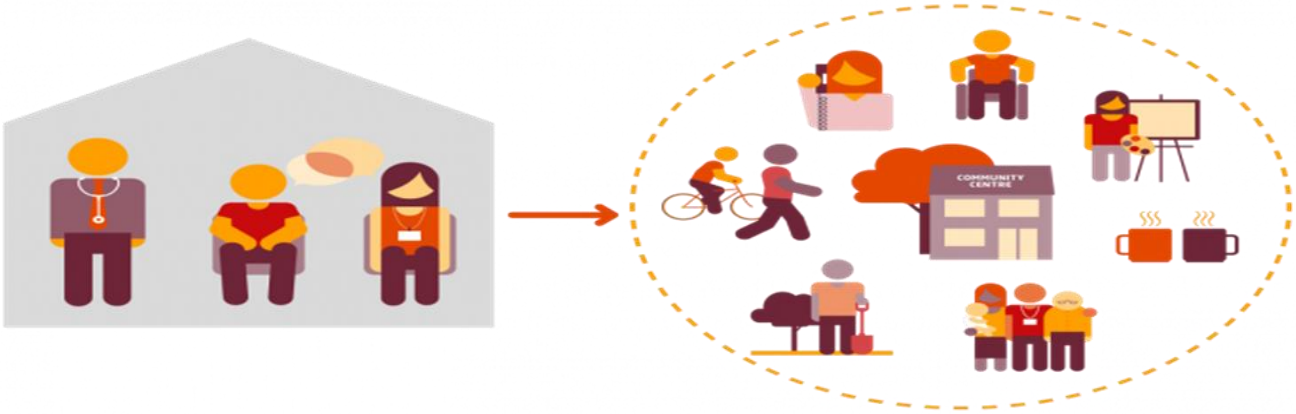
# Social Prescribing Service

## *'enabling our community to enhance their wellbeing'*

### What we do

We understand that there are many factors to a patient's health and wellbeing, which can occur alongside medical conditions. Social Prescribing Link Workers give people time and focus on what matters to the person. We aim to work alongside you and by looking at what is important to you, agree to individual, personalised care and support planning.

The Social Prescriber can link patients to local services in the community; clubs; activities; groups; societies and various other organisations, people and advice that can all help to enhance a patient's current wellbeing.



### What happens next?

In agreement with yourself, your GP or practice/surgery staff will refer you to the Social Prescribing Link Worker, who will contact you directly to make a mutual appointment.

We currently offer half hour appointments, where we can look together at **what is important to you.** We will link you to support and advice and help you to make the connections you need to support your wellbeing. We will review how things are for you at future appointments and support you all the way to achieve what you want.

My name is Dawn and I am the Social Prescribing Link Worker for your practice or surgery.

I look forward to meeting you and by working together, we can look at **'what matters to you'.**